

DEEP ROOTS, ENDURING IMPACT: THE PATH FORWARD

2025 Report to the Community



Springboard
COMMUNITY SERVICES

Set hope in motion.



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Dear Friends, Supporters, and Valued Partners,

Our roots are anchored in nearly two centuries of unwavering commitment to transform lives by building self-confidence, resilience, and hope. Our impact is seen in every life touched, every challenge overcome, and every future made brighter.

To ensure that our work continues for generations to come, this year we developed our **Strategic Blueprint for Enduring Impact** to lay the groundwork for our 2035 vision as we continue to provide mental health treatment, victim services, housing aid, and strive to become a nationally recognized leader in mental health.

This roadmap serves as our North Star, guiding our efforts to meet our clients where they are and ensure that Springboard continues to thrive. Through anticipated shifts in government grants and potential cuts to critical programs such as HUD, Medicaid, and SNAP, we are actively diversifying our revenue streams and adapting our programs to remain sustainable and accessible, regardless of external pressures.

Our comprehensive services — from behavioral health and case management to housing support — are all designed to act as a **springboard**, empowering individuals and families with the support, tools, and resources they need to build self-sufficiency. This holistic approach ensures we can continue to meet our clients where they are, helping them **prosper no matter what**.

Your continued belief in our mission and generous support are not just appreciated; they are foundational to our ability to serve people in Maryland for as long as we are needed.

Thank you for being an essential part of our journey. Together we are building stronger communities and brighter futures.

Sincerely,

F.T. Burden
Chief Executive Officer

Angela H. Dale
Board President

***I am not
afraid of
storms, for
I am learning
how to sail
my ship.***

—Louisa May Alcott

OUR DEEP ROOTS: A FOUNDATION FOR ENDURING IMPACT

For 176 years, Springboard has stood as a steadfast pillar in Maryland, meeting the changing needs of its people — from the Civil War to civil rights, through boom times and hard times.

Our strong regional presence and reputation for excellence are the natural outgrowths of our history and have enabled us to spread our reach across Central Maryland. Today we stand firm, ready to continue growing, adapting, and delivering change for generations of Marylanders to come.



OUR IMPACT ACROSS MARYLAND

Harford County: Leading with Behavioral Health

In Harford County, Springboard's commitment to accessible, high-quality mental health care has never been more evident. As a leading outpatient mental health provider, we are proud to report a **65% increase in our behavioral health census** this year, a testament to the growing trust and critical need within the community. Our expanded behavioral health team is dedicated to ensuring that every individual finds the



care and support they need close to home.

Beyond direct care, our branch in Harford County has built a vital partnership with

the Department of Housing and Community Services to support 23 children and teens through comprehensive behavioral health services and our transformative Bridge Program. This initiative equips youth with essential stress management, communication, and life skills.

We also have partnerships with the Harford County Community Action Agency, local law enforcement, and a robust network of community organizations. Together,

we empowered over 60 individuals through our Family Violence Project, providing crucial advocacy, crisis intervention, and safe housing navigation during their most vulnerable moments.

This comprehensive approach is significantly strengthened by the steadfast support of partners like **The Dresher Foundation**, whose vision and generosity enable our **Psychiatric Rehabilitation Program (PRP)** to flourish in Harford County. Founded on the principles of improving lives through health, the Dresher Foundation's support ensures that individuals facing the challenges of mental illness receive the critical services they need to build emotional and social skills, improve relationships, and successfully re-enter the community.

Through every program and partnership, our goal is to ensure that no one in Harford County needs to face life's challenges alone. This commitment to cultivating resilience and supporting individual journeys is powerfully exemplified in stories like Ben's, whose path from crisis to renewed purpose highlights the enduring impact of comprehensive care and community support.



FIXING HIS OWN LIFE: BEN'S STORY

Ben was the person you always could count on – the dependable handyman who could fix anything, from a leaky faucet to a faulty circuit. But when a stroke left him paralyzed on one side, it shattered his ability to work and left him feeling useless, depressed, and anxious. Not only did he lose his income, but he and his wife, Sandra, eventually lost their home.

At Springboard, Ben found the support he desperately needed within our Psychiatric Rehabilitation Program. Here he discovered a community that understood his struggles and offered a lifeline. We became his **springboard**, providing not just treatment for depression, but also practical assistance with food, transportation, and housing.

Despite his stroke, Ben's ingenuity and spirit remain. With his improved functioning and the PRP team's guidance, he and Sandra have moved into a new home. Now, far from feeling useless, Ben is once again using his handyman skills to offer plumbing advice to his new neighbors. His journey underscores the profound truth that with the right support, individuals can not only weather life's storms but find new ways to contribute and thrive.

Carroll County: Compassion and Community

We continue to grow in Carroll County, adapting and expanding to meet the needs of the community. As a cornerstone of accessible mental health care, our behavioral health program has seen significant growth this year. To accommodate this expansion and enhance client experience, we completed Phase Two of **The Harry & Jeanette Weinberg Springboard Community Services Family Support Center**.

This pivotal project renovated the former medical adult day care space into a state-of-the-art, nine-office behavioral health suite with a versatile room for group sessions, workshops, and training. This strategic expansion directly addresses the increased demand for mental health services in Carroll County.

We are immensely grateful for the generous funding that made this expansion possible, including support from the **Rural Maryland Fund**,

The Harry & Jeanette Weinberg Foundation, and the **Maryland Affordable Housing Trust**.

We continue our vital partnership with the Carroll County Child Advocacy Center, offering critical support to local children and families experiencing domestic abuse. Our dedicated family advocates helped 450 families with counseling, education, and essential resources, while also providing support to 135 victims of abuse during complex court proceedings.



The people here are exceptionally kind and knowledgeable.

They have really helped me.

— Victim Services Client

Baltimore City: Cultivating Hope, Empowering the Next Generation

Baltimore is a city with complex challenges. While it grapples with issues like homelessness, violence, and school absenteeism, Springboard sees not just crisis, but immense potential for change.

Our comprehensive services, including behavioral health, case management, and housing navigation, provide critical support for individuals and families, from children as young as five to seniors. Our case managers offer individualized guidance, connecting clients to vital resources like housing and healthcare, helping them regain stability and build resilience. Our growing reputation for delivering high-quality, person-centered services is reflected in the significant increase in referrals received this year, underscoring both the growing need and the community's trust.

A cornerstone of our work in Baltimore is our **Youth Resource Center (YRC)**. This welcoming space offers a haven for youth and young adults experiencing hardship, providing everything from a warm meal and homework support to counseling and access to basic necessities



SCS's commitment and advocacy for youth and young adults is evident and deeply appreciated

— Mayor's Office of Homeless Services

like laundry and showers. This year more than 300 homeless and unstably housed youth accessed the YRC for support.

Opening in 2027, the **Springboard Youth Training Center (YTC)** will be Maryland's first residential youth development center dedicated to empowering disengaged young adults aged 18-24. The YTC represents a profound investment in

Baltimore's next generation, offering integrated housing, GED completion, college readiness, and comprehensive mental health services. Crucially, it will provide robust **workforce training and employment** programs, equipping young adults with the skills and opportunities needed to achieve lasting independence and contribute meaningfully to their communities.

Howard County: Extending Support, Nurturing Well-Being

As a dedicated outpatient mental health provider, we offer essential **Behavioral Health** services in Howard County, guiding clients through challenges and fostering pathways to recovery. Our **Case Management** team provides personalized support, connecting individuals with tailored resources and advocacy. We provide critical **Housing** services to assist those experiencing instability and **Domestic Violence Prevention** programs.

This past year, we significantly expanded our reach through crucial partnerships. Our embedded Springboard therapist at the local **Children's Advocacy Center** provided specialized crisis care to **123 children and families** who have experienced significant trauma.

We began a vital collaboration with the **Howard County Police Department's Victim Assistance** Division, providing case management and counseling sessions to **more than 15 victims of crime** during their recovery.



I truly could not have made it this far without your encouragement, wisdom, and genuine care.

–Counseling Service Clients

Our embedded Springboard therapist at the local Children's Advocacy Center provided specialized crisis care to

123

children and families who have experienced significant trauma.

PUTTING EQUITY INTO ACTION



This year, our Howard County office proudly completed its cohort in ***The Horizon Foundation's Racial Equity Collaborative***, a three-year initiative. This transformative

experience provided training in community organizing, advocacy, and building power, while offering a critical lens to examine our own organization's practices. By

actively working to dismantle structural racism, we are creating better outcomes for all our clients and staff going forward.



OUR STRATEGIC BLUEPRINT

In 2025, Springboard launched its Strategic Plan, a bold roadmap to strengthen our operational systems, enhance technology, use data to drive decisions, and diversify revenue. Developed with input from staff, leadership, and the Board, the plan includes 12 measurable objectives that position SCS to expand its impact across Central Maryland.

TWO-YEAR STRATEGIC PLAN

Operations: Strengthen our internal processes, optimize efficiency, and foster greater organizational alignment.

Technology: Enhance our technology infrastructure and platforms to improve usability, accessibility, and service delivery, making support more readily available.

Data: Implement robust dashboards and refine our performance reporting, to continuously track our progress, demonstrate our impact, and inform strategic decisions.

Revenue: Ensure long-term stability and reduce reliance on potentially volatile funding sources by diversifying revenue streams and enhancing our marketing return on investment.

This Strategic Blueprint is more than a plan; it is our commitment to sustained excellence, adaptability, and unwavering advocacy for those we serve.

CONNECTION, CELEBRATION, AND COMMUNITY

Throughout the year, we enjoy opportunities to gather with clients, supporters, and staff to recognize achievement, raise money, and have a little fun.

Inked With Hope *Art, Advocacy, and Hope in Carroll County*

Our Carroll County office proudly hosted our inaugural **Inked with Hope** fundraiser this year, a unique and inspiring event that blends creativity with advocacy. The event brought together community members to raise awareness

for mental health and domestic violence support. The proceeds directly bolstered our behavioral health and domestic violence programs in Carroll County.

We also participated in events like What is Love? for domestic violence awareness, Denim Day to honor survivors of sexual assault, and National

Night Out, an annual event to promote police-community partnerships and safe neighborhoods.

Through every service, partnership, and community effort, we are a vital springboard for our clients, propelling them toward stability and a brighter future.

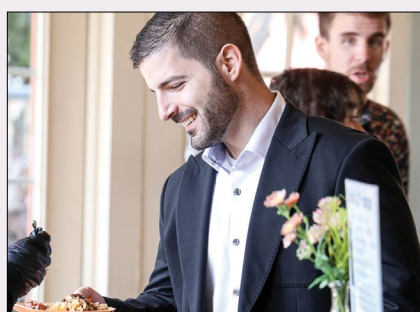




Harford Wine Affair: Red, White, and Blues

This year, once again, we gathered at the beautiful Vandiver Inn for the **Harford Wine Affair with a Splash of Bourbon and Beer**. It was an evening of exquisite wines, delectable food pairings, and the soulful sounds of the Ravita Jazz ensemble. This signature event brings together

supporters from across the region, fostering connection and celebrating Springboard's vital work. The funds raised go to Springboard's behavioral health programs in Harford County, ensuring that critical care remains accessible to all. We extend our deepest gratitude to our generous hosts and everyone who joined us in raising a glass to a healthier, more resilient community.



THANK YOU TO OUR WONDERFUL SUPPORTERS

Your support is more critical now than ever. We extend our profound gratitude to every individual, foundation, and corporation listed here; you are truly our partners in growth.

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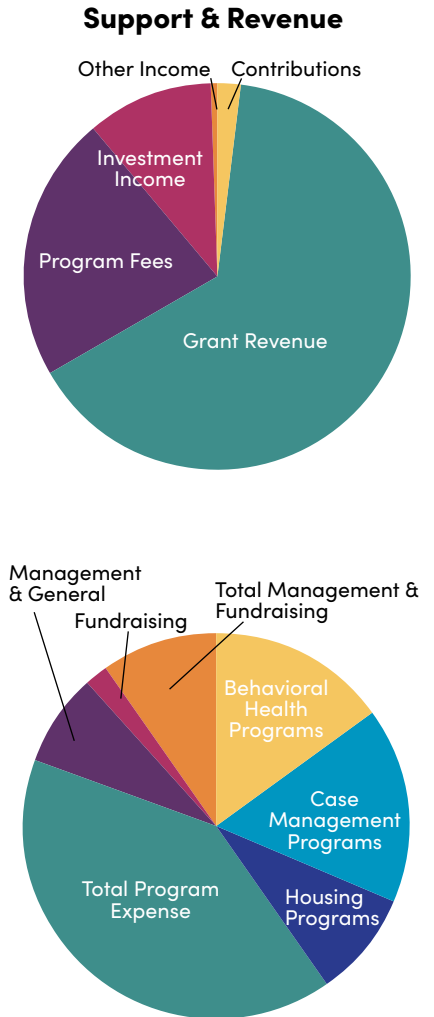
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FINANCIAL SNAPSHOT

We are committed to the responsible management of every dollar entrusted to us to ensure that donor contributions directly support our mission and deliver essential services. We are deeply grateful for your generosity.

Fiscal Year July 1, 2024-June 30, 2025

Support & Revenue	
Contributions	\$ 197,059
Grant Revenue	6,351,725
Program Fees	2,184,567
Investment Income	1,057,358
Other Income	31,647
Total Support & Revenue	\$ 9,822,356
Expenses	
Behavioral Health Programs	\$ 2,707,364
Case Management Programs	2,931,161
Housing Programs	1,608,055
Total Program Expense	7,246,580
Management & General	1,412,004
Fundraising	316,684
Total Management & Fundraising	1,728,688
Total Expenses	\$ 8,975,268
Net Surplus	\$ 847,088
Mgmt & Fundraising cap as a % of total expenses	19%
Assets, Liabilities & Net Assets	
Short-term Assets	\$ 3,784,691
Property, Plant and Equipment	9,548,447
Investment Assets	9,474,768
Other Assets	53,851
Total Assets	\$22,861,757
Current Liabilities	\$ 823,431
Long-term Debt	1,335,775
Deferred Income	49,162
Total Net Assets	\$20,653,389
Total Liabilities and Net Assets	\$22,861,757



Every dollar invested fuels our mission. 81% of all expenses directly support our programs, ensuring maximum impact in the communities we serve.

SPRINGBOARD

BY THE NUMBERS

Over the past year, our commitment to strengthening communities and empowering individuals translated into significant impact across Maryland. These numbers are more than statistics; they represent lives transformed, futures rebuilt, and communities strengthened. They underscore the profound impact of Springboard's work.

Crisis Intervention

FY 2025 |

313

CLIENTS

FY 2024 | 223 Clients
(+41% Increase)

FY 2025 | 330 Sessions
FY 2024 | 313 Sessions
(+5% Increase)

Financial Assistance

FY 2025 |

103

CLIENTS

FY 2024 | 231 Clients
(55% Decrease)

FY 2025 | 156 Meetings
FY 2024 | 670 Meetings
(77% Decrease)

Note: While client numbers decreased, this could indicate a shift towards self-sufficiency or more targeted financial support.

Counseling Sessions

FY 2025 |

12,877

SESSIONS

FY 2024 | 11,207 Sessions
(+15% Increase)

FY 2025 | 750 Clients
FY 2024 | 667 Clients
(+12% Increase)

Youth Resource Center

FY 2025 |

249

YOUTH SERVED

FY 2024 | 26
Youth Served
(+858% Increase)

Psychiatry

FY 2025 |

303

CLIENTS

FY 2024 | 271 Clients
(+12% Increase)

FY 2025 | 1,469 Sessions
FY 2024 | 1,395 Sessions
(+5% Increase)

FY 2024 | 11,207 Sessions
(+15% Increase)

FY 2025 | 750 Clients
FY 2024 | 667 Clients
(+12% Increase)

Victims of Crime Served

FY 2025 |

1,579

VICTIMS

FY 2024 | 1,460 Victims
(+8% Increase)

FY 2025 | 28,603 Services
FY 2024 | 26,731 Services
(+7% Increase)

Drop-In Services

FY 2025 |

587

SERVICES

FY 2024 | 831 Services
(29% Decrease)

FY 2025 | 145 Clients
FY 2024 | 167 Clients
(13% Decrease)

This shift may reflect a move towards more structured or specialized support channels, or a dynamic adjustment to community needs.

Supportive Housing

FY 2025 |

3,148

SERVICES

FY 2024 | 1,977 Services
(+59% Increase)

FY 2025 | 37 Clients
FY 2024 | 61 Clients
(39% Decrease)

Service volume decreased following the expiration of temporary ARPA funding that supported Rapid Rehousing services.

JOIN OUR JOURNEY

Your partnership is our greatest resource. There are many ways you can support our work.

MAKE A GIFT

Your donation directly supports our programs, expands access to mental health services, and empowers individuals toward self-sufficiency. Visit https://springboardmd.org/ways-to-give/#spring_donate to give today.

Become a Monthly Donor



Consistent monthly support provides Springboard with reliable resources, enabling long-term planning and sustained impact. Scan QR code and select Recurring Donation.

Volunteer Your Time

Share your skills and passion by becoming a Springboard volunteer. Your dedication strengthens our community. Learn more at www.springboardmd.org | 410-669-9000 | info@springboardmd.org.

Be an Advocate

Spread the word about our vital work. Follow us on social media, share our stories, and encourage others to get involved. Scan QR code below.



FACEBOOK



INSTAGRAM



LINKEDIN

Planned Giving



Consider including Springboard in your estate plan to leave a legacy of hope. Scan QR code to sign up today. Together, we can ensure our work endures for another 176 years. Thank you for being a vital part of our Springboard family.



Springboard
COMMUNITY SERVICES

Set hope in motion.